

Winter Gear List

Please bring a lunch for arrival day. All meals are included from dinner on arrival day and ending with lunch on departure day.

We provide avalanche transceivers (Elements Barryvox from Mammut), avalanche probes (Light from Mammut – 240 cm. long), and shovels (Black Diamond Light).

Skiing:

- Alpine-touring, light-touring or telemark skis (one pair of skis per person). You could bring a split snowboard if you prefer this over touring skis. If you bring a second pair of skis with you, there will be a helicopter surcharge fee of \$25 each way.
- *If you need rental gear, try “Gear Up Mountain Sport and Rentals” in Canmore www.gearupsport.com
- Your own climbing skins
- Ski boots
- Ski poles
- Ski wax (We like Swix Blue, Special Blue and Purple)
- Down or ski jacket
- Wind and snow resistant ski pants
- Wind and snow resistant jacket
- Wool sweater or fleece jacket
- Long underwear shirt and pants
- Long sleeve shirt
- Short-sleeved shirt
- 3 pairs of skiing socks
- Wool or fleece hat
- Sun hat
- Scarf or neck tube
- Mitts or ski gloves
- Sunglasses with UV protection
- Goggles (optional)
- Sun block lotion & lip protector
- Small daypack
- Thermos and/or water bottle

- Camera (charge batteries at home)

Lodge life:

- Mountain casual clothing for meals
- Personal toiletries
- Flashlight/headlamp with extra batteries
- Bathing suit for sauna (optional)
- Inside shoes (runners)
- Outside snow boots

Additional items if you are skiing in or out:

- Climbing skins
- First aid kit and matches
- Spare binding parts and tools
- Map and trail guide book